

INCLUSIVE INTERGENERATIONAL DANCE – APPLICATION FOR FINANCIAL ASSISTANCE

Executive Summary	
<p>Inclusive Intergenerational Dance (iID) was formed in October 2011 and became a Charitable Incorporated Organisation in May 2018, who specialise in working with older adults, those living with dementia and Parkinson's and their carers through creative dance, music and visual art. The Group delivers weekly Creative Seated Dance Classes and Creative Lunch (Dance and Art Classes, with Lunch, for people living with Dementia and their carers) and for the previous 5 years it has worked with Brockhill Sheltered Housing, 'Bedser Hub' frailty clinic at Woking Community Hospital, The Vyne Community Centre, Knaphill and St Mary's Community Centre. Due Covid-19 classes have been temporarily held via zoom to as many participants as possible.</p> <p>Prior to lockdown, the four projects are well attended with 61% of attendees being residents in Woking. The importance of reducing social isolation and feeling of loneliness have been highlighted in the Groups application and was recognised as an area of concern following the impact of Covid-19.</p> <p>The Organisation has approached Woking Borough Council with a request for financial support in the coming year to support their four projects and pay for 1 day a week of administration for 38 weeks in the year, which would assist with fundraising work, marketing and business development.</p> <p>Taking into account the comments of the consultee, it is recommended that a grant of £2,500 is awarded towards the salary cost of an administrator and the development of ongoing projects in the Borough of Woking.</p>	

Recommendations	
The Executive is requested to:	RESOLVE That , subject to the outcome of the Council's budgetary process, a grant of £2,500 be awarded from the Community Grants Budget towards the costs of the projects in Woking.
Reason for Decision	To enable the Inclusive Intergenerational Dance to continue their work within the Borough of Woking.
Legal Authority	S19 (Misc. Provisions) Local Government Act 1976
Confirmation of funding	<p>This award is provisionally made on the expectation that the Council's budgets for revenue and capital projects remain at the same level allocated for the current financial year. The Council's overall budget, including the sums allocated for community grants, will be determined by Council at its meeting on 11 February 2021. In the event the grant budgets are set at the anticipated levels, confirmation of the Council's support will be sent to successful applicants. Groups should not plan for the 2021/22 funding until this confirmation has been received.</p> <p>Should the budgets be reduced as part of the Council's efforts to achieve savings to offset the impact of Covid on the Council's financial position, a special meeting of the Executive will be held to review the</p>

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<p>Conditions</p>	<p>provisional awards and allocate the funds available on a priority basis.</p> <p>Accounts. The Organisation must submit accounts for the year in which the grant is awarded, including an income and expenditure account and balance sheet. Please note that accounts for other years may also be required.</p> <p>Monitoring Information. The Organisation must submit quarterly monitoring information as a measure of its achievements. Failure to provide details will jeopardise the award. E-mail requests will be sent to the applicant on a quarterly basis.</p> <p>Publicity. Where possible, the Organisation is required to publicise the support received from Woking Borough Council, including on websites and literature / leaflets produced.</p> <p>Payments. Unless exceptional circumstances exist all invoices must be received quarterly with monitoring information for the previous quarter.</p> <p>Payment Period. Final quarter claims must be made by the second week in April. Unclaimed awards will not be available at a later date unless exceptional circumstances can be demonstrated to the Council before the end of the award year.</p> <p>Joint Working. WBC expects the Organisation to engage positively on health and wellbeing multi-agency joint work affecting Woking. Groups which refuse may place their Council support at risk, e.g. grant, concessionary rent and other assistance.</p> <p>Invoices / Receipts. In order to claim an element of the funding, the Organisation must submit paid invoices or receipts relating to equipment purchased or services provided.</p> <p>Homelessness Reduction Act 2017. Following the introduction of new legislation from April 2018, the Council expects the support of partner agencies in identifying people at risk of homelessness as early as possible to maximise the opportunities to prevent such. Partner agencies / organisations are expected to be engaged in joint working arrangements to assist in finding suitable housing and support solutions, and where appropriate to undertake and respond to the new 'duty to refer'. Groups which do not support this new legislation and way of working positively may put their Council support at risk.</p>
<p>Performance Indicators</p>	<p>Users. The Organisation to provide a breakdown of the users.</p> <p>Activities. The Organisation to provide details of activities and events held.</p> <p>Publicity. The Organisation to advise how the Council's support has been publicised.</p> <p>Statement of Use. The Organisation to provide a statement stating the use to which the grant money has been put.</p>
<p>Future Support</p>	<p>Due to the impact of Covid-19, the financial pressure on the Council's budgets is higher than ever and is expected to continue in the coming years. Accordingly the overall level of support available in future years may be reduced. The applicant is therefore to be advised that the award of funding for 2021/22 does not imply that a similar application in 2022/23 would be supported. In particular, it is</p>

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emphasised that the Council is extremely unlikely to be in a position to award any sums above the 2021/22 levels.

In view of this, the applicant is to be advised to ensure that contingency plans for the Group's operations for 2022/23 have been drawn up in the event that the Council is unable to continue its support beyond April 2022. All applicants are strongly recommended to pursue alternative sources of funding and are encouraged to approach Woking Borough Council's Community Support Team for advice and support.

The Executive has authority to determine the above recommendations.

Background Papers:

2021/22 Application Form.

Reporting Person:

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1.0 Summary of Application	
1.1 Status and Aims	<p>Inclusive Intergenerational Dance (iID) was formed in October 2011 and became a Charitable Incorporated Organisation in May 2018, who specialise in working with older adults, those living with Dementia and Parkinson's and their carers through creative dance, music and visual art. The Group believes that everyone can dance whatever their ability, age or background and it has positive impacts on mental and physical health.</p> <p>iID aims to support participant's wellbeing and development of connections between each other and their community, lowering feelings of loneliness and isolation, increase physical activity and through this supporting long term health conditions, increasing cardiovascular health while developing strength, coordination and flexibility.</p>
1.2 Employees	<p>None.</p> <p>The Group is currently run by two Co-Directors, and a non-paid Board of trustees. The Co-Directors are not salaried and work on a project by project basis as freelance staff and also deliver the majority of the project delivery. All other teaching artists working with iID are employed on a freelance contract.</p>
1.3 Volunteers	<p>None.</p>
1.4 Clients/Users	<p>84, comprising:</p> <p>10 male</p> <p>74 female</p> <p>51 resident in Woking</p> <p>84 aged 65+</p> <p>The trial Dance for people living with Parkinson's Classes were charged at £6 per class for dancers and their carer's.</p>
1.5 Members	<p>None.</p>
1.6 Sum Requested	<p>£8,886 (Revenue)</p>
1.7 Project	<p>The funding requested would help towards the costs and development of the 4 projects that are:</p> <p>Creative Seated Dance</p> <p>Creative Lunch</p> <p>Creative Arts in Libraries</p> <p>Dance for Parkinson's</p> <p>The piloted dance classes for people living with Parkinson's was well received with 12 regular attendees over a six week period. Research shows that dance has been proven to be very beneficial to people living with Parkinson's disease, physically by improving balance, spatial awareness and fluidity of movement but also mentally and socially. Funding had been received from the Waitrose Green Tokens which covered some the cost for hall hire, and if successful the WBC</p>

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	<p>grant would pay the remainder of the hall hire at the Woking Trinity Methodist Church and allow participants to pay a discounted rate.</p> <p>Following government guideline's the Group would like to introduce socially distanced seated dance classes in two further Sheltered Housing Schemes in Woking which would allow social stimulation as well as an opportunity to exercise, both of which are hugely important. The impacts of Covid-19 and isolation has had a negative effect on people's health and wellbeing, the funding would allow two sheltered housing schemes to have 20 weekly sessions throughout 2021. The project was supported by the Sheltered Housing team and the residents, however cannot go ahead until the communal areas are open fully.</p> <p>Following the online zoom classes, which engaged clients as much as possible it was felt that face to face sessions were more beneficial, and therefore the iID aim to continue to deliver 20 weeks of dance classes within two Woking based Care Homes - The Chestnuts, a specialist home for adults with Learning Disabilities and The Ketterwells a care home for the elderly, including those living with dementia.</p> <p>iID' s development so far has been by unpaid Co-Directors, with the majority of funding being invested into the delivery of projects rather than the planning and management aspects. iID therefore seeks funding to pay for 1 day a week of administration for 38 weeks of the year, which would assist with fundraising work, marketing and business development.</p>
<p>1.8 Cost breakdown:</p>	<p>Dance Artist for Dance for Parkinson's for 30 weeks (April 2021-22) Estimated costs at £1,500 - requesting £600</p> <p>Dance Artist for 2 x 20 weeks in two Sheltered Housing Schemes (April 2021-December 2021) - requesting £2,000</p> <p>Dance Artist for 2x20 weeks in two Care Homes (April 2021 - December 2021) - requesting £2,000</p> <p>Administration for 8 hours a week for 38 weeks at £13 p/h - requesting £3,952</p> <p>Hall Hire for Trinity Methodist Church for 30 weeks at the cost of £567. £333 would be granted from Waitrose Green Tokens Goldsworth Park - requesting £234</p> <p>Marketing – requesting £100</p> <p>Total requested - £8,886</p>
<p>1.9 Community Benefit</p>	<p>The projects are steered towards older adults, and those living with degenerative illnesses, for example Dementia and/or Parkinson's. The classes encourage clients to share creative ideas, make memories, dance and sing together.</p> <p>The classes provide opportunities for people to connect with each other, often residents in Sheltered Housing live alone and many have Dementia or other long-term health conditions. Forming communities and friendships improves their mental and physical wellbeing, taking part in exercise promotes a more physically active lifestyle, helping</p>

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	<p>them to live independently for longer.</p> <p>The Group aims to continue to provide the dance classes to these groups as the impact of Covid on older adult's loneliness, social isolation and overall fitness will be greater than ever.</p> <p>One client, a 94 year old man said the Creative Seated Dance classes were the highlight of his week, the only activity he took part in apart from going to the supermarket, and the classes made him feel like he had moved the whole of his body, he felt strong again.</p> <p>Although there are dance classes for people with Parkinson's in Central London, the Group are the only organisation who provide these types of classes locally and therefore accessible for those in the borough of Woking.</p> <p>Research shows the positive effects of dancing for people living with Parkinson's, improving balance, fluidity of movement and confidence. The iID programme is supported by local Parkinson's UK organisations as well as the Parkinson's nurses and physiotherapists from The Woking Community Hospital Frailty Hub.</p>
1.10 Covid-19 Impact	<p>Due to Covid-19 face to face classes were no longer allowed following government restrictions however the organisation adapted quickly and continued the programme online via Zoom. The impact of Covid-19 has allowed iID to develop as an organisation and to build and extend its dance programmes for health initiatives within Woking.</p> <p>In response to Covid-19 iID developed the 'Smile Inside' project to support clients who live independently with limited or no access to the internet to engage and support them during a difficult time. The project involved phoning isolated older adults and asking them for a story which makes them smile on the inside. 20 artists were then commissioned and the local community then created art in response to these stories which would be returned to the storyteller.</p> <p>All the creative work would also be shared in a celebratory exhibition and celebration event in Woking Shopping. The majority of the participants were resident in Woking and most of the artists were based and/or working in Surrey. Funding was received from Arts Council England Emergency Funding to support the project and online zoom classes.</p>

<h3>2.0 Financial Background</h3>	
2.1 Budget	<p>At the time of the application, the Group held £31,516.78 in the bank. The sum of £28,675 is reserved for planned projects.</p> <p>The Group has submitted a budget for 2021/22 which shows an anticipated income of £36,288 against an anticipated expenditure of £36,288.</p> <p>Anticipated income includes grants and funding from Woking Community Hospital (£2,000), Surrey Arts Partnership (£1,000), CFS / WBC (£11,483) and Waitrose Green Tokens (£333). Items of expenditure include marketing (£4,052), Behind Closed Doors Project (£13,220), Creative Seated Dance (£8,000), Creative Lunch (£7,200), Creative Arts in Libraries (£1,720) and Dance for Parkinson's</p>

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	(£2,096).
2.2 Accounts	The Group has submitted income and expenditure details for 2019/20 which show an income of £10,023 against expenditure of £9,277, resulting in a surplus of £670. The sum of £3,137 was carried forward at the end of the 2019/20 year.
2.3 Support over the past five years	None.

3.0 Assessment of Application																									
3.1 Key Information	<table border="0"> <tr><td>○ Constitution</td><td>Yes</td></tr> <tr><td>○ Registered Charity</td><td>Yes</td></tr> <tr><td>○ VAT Registered</td><td>No</td></tr> <tr><td>○ Equal Opportunities Policy</td><td>Yes</td></tr> <tr><td>○ Safeguarding Policy</td><td>Yes</td></tr> <tr><td>○ Reserves Policy</td><td>Yes</td></tr> <tr><td>○ Quality Mark</td><td>No</td></tr> <tr><td>○ Other funding sources pursued</td><td>Yes</td></tr> <tr><td>○ Other support by the Council</td><td>Yes</td></tr> <tr><td>○ Fundraising</td><td>No</td></tr> <tr><td>○ Two quotes</td><td>N/A</td></tr> <tr><td>○ Regular monitoring provided previously</td><td>N/A</td></tr> </table>	○ Constitution	Yes	○ Registered Charity	Yes	○ VAT Registered	No	○ Equal Opportunities Policy	Yes	○ Safeguarding Policy	Yes	○ Reserves Policy	Yes	○ Quality Mark	No	○ Other funding sources pursued	Yes	○ Other support by the Council	Yes	○ Fundraising	No	○ Two quotes	N/A	○ Regular monitoring provided previously	N/A
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3.2 Consultee Comments	<p><u>Diana Chan, Health and Wellbeing Manager</u></p> <p>With the belief that everyone can dance whatever their age, ability or background and that dance and creativity is good for mental and physical health, IID aims to support people in developing their interests and skills through creative exploration, primarily through dance, visual art and music.</p> <p>While ensuring that every experience is person-centred, of high quality, safe and of artistic value and integrity. They are specialists in working with older adults, those living with Dementia and Parkinson's and their carers. Until Covid 19 they were delivering weekly Creative Seated Dance classes for the elderly and people living with Dementia in Sheltered Housing and Woking Community Hospital's Bedser Hub. Further to this they held longer Creative Lunch sessions specifically for people living with Dementia and their carers, which included visual arts, dance and reminiscence, in Woking and Bagshot. They successfully piloted Dance for people living with Parkinson's weekly classes in Woking, January-March 2020.</p> <p>There is no doubt that Covid-19 has had an impact on the service delivery of this organisation. However, they have adapted, and provided online art and dance sessions to those residents with internet access.</p> <p>Currently IID support a small number of tenants at Brockhill Extra Care</p>																								

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	<p>by delivering a seated dance class. This has greatly assisted this group of individuals who may have been feeling isolated and it also assists with their reduced mobility as a result of the lockdown period. The classes are delivered in an informal, friendly and inclusive manner.</p> <p>I note this is a new grant application to the Council for funding and I am supportive of providing £2,500 to them as their work helps to support the socially isolated, elderly people in our community.</p>
3.3 Assessment	<p>The applicant demonstrates understanding of the importance of supporting informal and unpaid carers, who have the opportunity to participate and join in with the sessions offered by iID. Carers who have attended classes said they have had a positive impact on their wellbeing and ability to continue caring. In the past iID have delivered projects in Care Homes across Surrey, organised training for Care Home staff, delivered a number of touring intergenerational performance projects and films as well as organised the annual Golden Years Festival at Birtley House from 2012-2015.</p> <p>The four projects are well attended with 61% of attendees being residents in Woking,</p> <p>Parkinson's Disease affects the production of dopamine in the brain, research shows that dance and exercise actively creates new neurological patterns and this is what is beneficial to people with Parkinson's. The other benefit of increased physical movement are stronger muscles and bones which means completing everyday tasks such as dressing and eating are easier. Social engagement with others improves the user's mood and general wellbeing.</p> <p>The importance of reducing social isolation and feeling of loneliness have been highlighted in the Groups application and was recognised as an area of concern following the impact of Covid-19.</p> <p>Taking into account the comments of the consultee, it is recommended that the new grant application for revenue funding is supported by up to £2,500 towards the salary cost of an administrator to work 8 hours a week for 38 weeks and the development of ongoing projects in Woking.</p>

REPORT ENDS