

HEALTH AND WELLBEING STRATEGY

Executive Summary

This report provides the Overview and Scrutiny Committee with the opportunity for pre-decision scrutiny of the draft Health and Wellbeing Strategy 2021-2031.

The Strategy for 2021-31 highlights the five key priority areas of: mental health, isolation and loneliness, ability to remain independent at home, identification and support for carers and obesity.

The draft plan proposals were considered by the Joint Committee at its meeting on 23 June 2021 where it was discussed and recommended subject to scrutiny by this Committee and then will be presented to the Executive on 15 July 2021 and Council on 29 July 2021.

Recommendations

The Committee is requested to:

RECOMMEND TO THE EXECUTIVE That

the Health and Wellbeing Strategy 2021-2031 be endorsed for recommendation to Council, subject to any comments by the Committee.

Background Papers:	Health and Wellbeing Strategy 2021-2031.
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1.0 Introduction

- 1.1 The health of the people in Woking is generally better than the English average. However, there are inequalities in areas and groups of residents. The Health and Wellbeing Strategy 2021-2031 looks at the health of Woking in detail, taking into account previous reports, strategies, statistics available and having considered these with talking with residents and partners it identifies the priorities for the borough. The work will be highlighted in the Action Plan which includes actions to deliver the strategic objective for the priority and measures the outcomes.
- 1.2 The draft Health and Wellbeing Strategy is attached as Appendix 1.

2.0 Wider Determinants of Health

- 2.1 Health is impacted by a wide range of factors – the circumstances in which people are born, grow, live, work and age as well as access to and quality of health and social care. These wider determinants of health can have a positive or negative impact on health.
- 2.2 It is accepted that clinical care can only solve 20% of the health issues. The Strategy highlights the environmental quality of Woking and built environment that contributes 10%, social economic factors e.g. education, employment, income, and community safety is 40% and the remaining 30% on health behaviours e.g. smoking, diet, exercise, alcohol use and poor sexual health.
- 2.3 The Council can influence these wider determinants of health through its roles in planning, designing and managing healthier places. The Council can even affect clinical care by helping health services relocate in corporate assets in the heart of communities.
- 2.4 To succeed, the Strategy requires strong partnership working especially with the North West Surrey Health and Care Alliance.

3.0 Methodology

- 3.1 The Strategy has been developed having considered a number of reports and strategies including the NHS Long Term Plan, Surrey Health and Wellbeing Strategy, priorities of North West Surrey Care Partnership Alliance and Woking Redeeming Our Communities conversation. Nationally, Surrey and local statistics have been analysed to obtain a true picture of Woking's resident's health and wellbeing.
- 3.2 The draft Strategy has been tested and priorities shared with key partners.
- 3.3 We have drawn on the expertise and experience working with people in Woking to develop the Strategy.
- 3.4 The Strategy has been developed through the pandemic in order to ensure a clear agreement of priorities as the country comes out of lockdown in order to support our most vulnerable residents. As a result of this there was limited opportunity to directly engage with residents in a meaningful way. However, the Strategy will be reviewed throughout its life and the Action Plan is a live document. It is intended to use the newly reformed Woking Resident's Panel as a means to consult and test outcomes of the Strategy going forward, as well as existing clients of our services and potential clients.

4.0 Priorities

- 4.1 We have identified five key priorities to deliver our vision for the health and wellbeing of the Woking population:

- (i) **We will support and wherever possible, improve the mental health of people in Woking.** Mental health is a priority for our whole population and we have identified children and young adults as a particular focus group because of the increasing number of issues being experienced.
- (ii) **We will identify and support people experiencing social isolation and loneliness in Woking.** We have identified older people as the focus group because there is strong evidence that many adults aged 50 and over are socially isolated or lonely in ways that put their health at risk.
- (iii) **We will reduce obesity rates in Woking.** Obesity is a significant issue in Woking. We will tackle it by focusing on the main causes, poor diet and low levels of physical activity. We have identified children as the focus group as children who are overweight are more likely to be overweight adults and have higher rates of morbidity, disability and premature mortality in adulthood.
- (iv) **We will empower residents to live independent lives.** We will provide services that support people to live as independently as possible in their own homes.
- (v) **We will support the wellbeing of carers.** We will support carers in a way that will enable them to continue their important caring role but minimise the impact of these duties on their own health and wellbeing.

5.0 Action Plan

- 5.1 An Action Plan will set out the key actions to deliver the priorities. The Action Plan will be a working document that is regularly updated through the life of the Strategy.
- 5.2 The Action Plan will be developed with the principles of supporting diversity and inclusion, partnership working, resident engagement, building on our strengths and utilising digital approaches where possible.
- 5.3 The Action Plan will ensure that monitoring measures are implemented for both the short and long term aspirations, in order to monitor progress.

6.0 Corporate Strategy

- 6.1 The Health and Wellbeing Strategy helps achieve the corporate objective in “improving the health and wellbeing of all residents” through joint working with partners, supporting independent living and reducing social isolation and promoting environmental and supporting opportunities to improve general health and wellbeing.

7.0 Implications

Finance & Risk

- 7.1 It is anticipated that the work required as a result of the Strategy will be accommodated within existing resources.

Equalities and Human Resources

- 7.2 It is anticipated that the work required as a result of the Strategy will be accommodated within existing resources.

Legal

- 7.3 There are no specific legal implications or risks identified within the report.

8.0 Engagement and Consultation

8.1 The Strategy has been developed through engaging and consultation with partners, voluntary sector and staff. Unfortunately as it was developed during the pandemic less public consultation was carried out than was wished but the intention is to develop the Action Plan with resident consultation throughout the life of the Strategy.

9.0 Conclusions

9.1 The scrutiny of the draft Health and Wellbeing Strategy 2021-2031 is an important function of the Overview and Scrutiny Committee as it endorses the five main priorities for the Council going forward.

9.2 The Committee is asked to review the report under its provisions for pre-decision scrutiny, with a view to endorsing the Strategy for recommendation to Council subject to any comments the Committee may have.

REPORT ENDS