

# Working Health and Wellbeing Priorities

In line with the Surrey Health and Wellbeing Strategy:

- Helping people in Surrey to lead healthy lives

- Working to reduce obesity, excess weight rates and physical inactivity
- Preventing domestic abuse (DA) and supporting and empowering victims
- Improving environmental factors that impact people's health and wellbeing
- Supporting prevention and treatment of increasing risk and harmful drinking
- Ensuring that everyone lives in good and appropriate housing

- Supporting the emotional wellbeing of people in Surrey

- Enabling children, young people, adults and elderly with mental health issues to access the right help and resources
- Supporting the emotional wellbeing of mothers throughout and after their pregnancy

- Supporting people in Surrey to fulfil their potential

- Supporting children to develop skills for life

A

**General Population**

This refers to the entire population of Surrey.  
This plan aims to address the wider determinants of health and wellbeing for all of Surrey, with a string focus on prevention

B

**Children with SEND and Adults with Learning Disabilities and/or Autism**

Children with special education needs and disabilities, and adults with learning disabilities and/ or autism. The focus is on providing opportunities for them to achieve their potential

C

**Young and Adult Carers in Surrey**

All young and adult carers in Surrey. The focus is on supporting people to be part of their local community and as a result avoid feeling isolated

D

**People who need support to live with illness, live independently, or to die well**

Those people living with illness, including long term conditions, people who require support to live independently, and people who require support to die well. Our focus is to support people to have greater control and choice in their care

E

**Deprived or vulnerable people**

Those people living in deprivation, or those who are vulnerable across Surrey. This includes children in care and care leavers. The aim is to ensure people are not left behind, and to improve their overall health outcomes